



**United Tae Kwon Do Academy**  
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## **SCORING**

**1 Point** -- Body

**2 Points** -- Head

**1 Point** – 8-Count

**11 and under - No Head Contact**

**12 and above Color Belts - Controlled Head Contact**

**12 and above Black Belts will be competing under adult Black Belt rules (Full Contact)**

## **ROUNDS**

**Junior Color Belt (6-17) 2 @ 1:00**

**Junior Black Belt (6-11) 2 @ 1:00**

**Junior Black Belt (12-17) 2 @ 1:30**

**Junior Grand Championship 3 @ 1:30**

**Senior Color Belt (18 & Up) 2 @ 1:00**

**Senior Black Belt (18 & Up) 3 @ 1:30**

**Senior Grand Championship 3 @ 2:00**